

Be part of it!

Marrickville Football Club



Red Devils

U6 & U7 REGISTRATION DAY

Welcome

Welcome to the Red Devils U6 and U7 Registration Day 2010.

We anticipate that there will be well over 100 players registering today so your help in making the day a great success is appreciated.

At the end of the day you and your child should have completed the following:

- Filled out the MFC Registration Form and the FFA form.
- Paid \$130.
- Registered in a squad.
- Your squad will be complete with volunteer coaches and manager.

Step 1

Complete your registration inside the club. This includes:

1. Fill out the MFC Registration Form and the FFA Form.
2. Give the MFC Registration Form and FFA Form to the registrars.
3. Pay \$130 and collect your receipt.

Step 2

Register in a Squad.

- U6's (born 2004 & 2005) should go and see Dieter.
- U7's (born 2003) should go and see Damian.
- Damian & Dieter will help you register in a Squad.
- Nominate the volunteer coaches and managers for your Squad.

Important!

If your squad does not have a coach and manager your child and squad will not be able to play. Don't be afraid, volunteer!

All games are planned for Saturday between 8:30am and 10:30am at Tempe Reserve; except for 2 or 3 times a season when we plan to have away games at Hurlstone Park or other close clubs. The dates for these will be confirmed. Stay tuned.

There will be a presentation day at the end of the season. The date will be confirmed

U6 & U7 Small Sided Games are proudly sponsored by:



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U6/U7 2010 MFC Calendar

Saturday	March 20	Registration Day
Wednesday	March 24	Training
Saturday	March 27	No Games
Saturday	March 27	Informal Session for Coaches
Wednesday	March 31	Training
School Holidays		
Saturday	April 3	No Games
Wednesday	April 7	No Training
Saturday	April 10	No Games
Wednesday	April 14	No Training
Saturday	April 17	Small Sided Games
Wednesday	April 21	Training
Saturday	April 24	Small Sided Games
Wednesday	April 28	Training
Saturday	May 1	Small Sided Games
Wednesday	May 5	Training
Saturday	May 8	Small Sided Games
Wednesday	May 12	Training
Saturday	May 15	Small Sided Games
Wednesday	May 19	Training
Saturday	May 22	Small Sided Games
Wednesday	May 26	Training
Saturday	May 29	Small Sided Games
Wednesday	June 2	Training
Saturday	June 5	Small Sided Games
Wednesday	June 9	Training
Queens Birthday Weekend		
Saturday	June 12	No Games
Wednesday	June 16	Training
Saturday	June 19	Small Sided Games
Wednesday	June 23	Training
Saturday	June 26	Small Sided Games
Wednesday	June 30	Training
School Holidays		
Saturday	July 3	No Games
Wednesday	July 7	No Training
Saturday	July 10	No Games
Wednesday	July 14	No Training
Saturday	July 17	Small Sided Games
Wednesday	July 21	Training
Saturday	July 24	Small Sided Games
Wednesday	July 28	Training
Saturday	July 31	Small Sided Games
Wednesday	August 4	Training
Saturday	August 7	Small Sided Games
Wednesday	August 21	Training
Saturday	August 14	Small Sided Games
Wednesday	August 18	Training
Saturday	August 21	Last Game Day
Presentation Day to be confirmed		

U6 & U7 and SSG

2009 saw the introduction of Small Sided Games for the U6 and U7. This format slowly introduces children to the adult game. There is extensive research to show this format creates better players for all age groups from under 6 to under 12.

Small Sided Games is not just about playing the games on smaller fields with reduced number of players but is a philosophy. Essential to the philosophy are three elements:

- Reduced number of players on a small field
- No competition: no results and no tables
- No parents or coaches on the field

This is also consistent with the MFC policy to focus on skills development rather than winning.

The FFA has produced a comprehensive brochure outlining these benefits and the general format. Check out the brochure on the web or talk to us at the club for more information on SSG.

Email only!

All of our correspondence will be by email. Please provide us with an email address that you use regularly. If you do not receive an email from us by March 28 send us an email at:

damian@simpsondesign.com.au.

Check your spam or junk email.

Parents Corner

- Remember that the coaches and managers are not babysitters. It is important that you either stay with your child or arrange for another parent or guardian to stay with your child.
- Please do not "coach" from the sideline during the Games; SSG promote free expression without pressure. Encouragement is welcome.
- Give your child a bottle of water at the training sessions. They will get lots of drink breaks and the coaches need a break too.
- There is one training session per week on Wednesday between 5:30pm and 6:30pm at Tempe Reserve.
- Players must wear MFC shin pads, shorts and socks during the games.
- Junior Refs will be 'game leaders' for the games. Please support them and remember that they are right even if they make the wrong decision.



Presentation Day with the Red Devils.

Don't forget to support the Red Devils and purchase a sausage and other treats from the canteen.



U6's warm up before the big game at Ewen Park.

All MFC players must wear MFC shorts during games. These are available at the club for around \$20.



Gold Team prepare for the game.

Wanted

We need volunteer Coaches and Managers

Being a coach can be one of the most rewarding things that you ever do. To watch a player that you have coached, who may have never played before, control a ball, do a trick, pass to a friend or even score a goal is an amazing experience. Be part of it!

We will hold an informal coaching session on Sunday March 28 to help new parent coaches. New coaches and managers can come and talk to other coaches. We will also show a few examples of some games and drills which can be used at training sessions.

Please read our brochure "Thinking of being a coach?" or talk to us at the club about the benefits of being a volunteer.

"In research from many countries, those who are 'extremely happy' are more likely to be involved in volunteer activities."

Happiness Ed Diener and Robert Biswas-Diener 2008.

"Having never coached before, I was a bit overwhelmed with the responsibility of being the coach for the U6 team. At the end of the year when the whole team celebrated an amazing team goal, I was overwhelmed – it was worth every minute."

Damian - U6 MFC coach 2008

Simple Techniques for Coaching

We recommend a few simple techniques for our supportive coaches:

- Have fun,
- Be inclusive, fair and positive – give a thumbs up or a smile
- Learn the players names and use them,
- Teach the players something personal that you enjoy about football– something that they can take away and use, perhaps for the rest of their lives. Like the step over, the drag back turn, a simple juggle or any other age appropriate skill. You might be amazed at what they are capable of. Wait to be delighted when they use it.

