



Torpedo

Age Group

U6 to U9



Stage of Session

End



Category

Passing



Duration

10 Minutes



Description

Two players pass a ball back and forth between pairs of players. Players strike the ball to try to hit the moving ball. The team that hits the ball most often after 10 passes wins.

Objectives

- Passing
- Accuracy
- Timing

Variations

- Place hurdles in front of goal as defenders that need to be avoided. These can be used to encourage players to use the less skilled foot.

Further development

- Use different parts of the foot, outside, inside, laces.

Related activities

- *Shooting Gallery* – two pairs of players pass across a square. One pair pass it and the other pair try to hit the ball. (CGF 'shooting gallery' p49)

Coaches notes

Ask the players to use their less skilled foot

