



## Hatch the Chicks

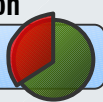
### Age Group

U8 to U11



### Stage of Session

End



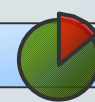
### Category

1 v 1



### Duration

10 Minutes



### Description

Set up a field with goals at each end. Two teams. Start with 1v1 with the remaining players in two zones desperate to get out of their eggs. When a player scores a goal, one of hen's eggs hatches and can help the hen score again. The game progresses to 2v1, 3v1, 4v1 then starts over as 1v1. If the ball goes out of play they start over with new hens. After the initial goal the lone defender just has to clear the ball for the game to be restarted as 1v1. (strongsoccer.com "You're Outta Here")

### Objectives

- Defending and attacking
- Teamwork
- Shooting
- Advanced passing, ball and scoring skills

### Variations

- Place hurdles in front of goal as defenders that need to be avoided. These can be used to encourage players to use the less skilled foot.

### Further development

- Each player must touch the ball before a goal can be scored.

### Related activities

- *Noah's Ark* –Give the players on two teams matching animal names. Call the animal names and throw in two balls. Each player gets a ball and shoots it into the goal.

### Coaches notes

*Ask the players to cheer for their teammates.*

